



Strategic Programme for Primary Care

Strategic Programme for Primary Care Fund 2022 (SPPC Fund)

Section 1 – Overview

Health Board	Hywel Dda UHB
SPPC Fund allocation	£488,000.00
Number of projects to be funded	3

Section 2 – Projects to be funded *Add further tables for any additional projects*

Project 1

SPPC Fund alignment 2022	ACD Programme	Obesity	Other
Project title	ACD Programme Support		
Budget for this project	£71k		
Short project description	The funding will be used to support Clinical Leadership and project management support to scoping, developing and implementing ACD within Hywel Dda. One session clinical lead time per week and full time 8a support to deliver implementing the vision in Hywel Dda.		
Key objectives of this project	<ul style="list-style-type: none"> To scope out the form and function of ACD and the relationship with Integrated Localities. To promote and educate colleagues across the contractor professions on ACD. To undertake the planning of ACD implementation. To support ACD implementation throughout the initial year, reviewing progress and making recommendations on elements of the programme that need to be revised to deliver on ambition for the programme. 		
Start date	1 April 2022	Expected End date	31 March 2023
How will you monitor and evaluate this project?	<ul style="list-style-type: none"> Reports on ACD development will be taken through the monthly Leads meeting to demonstrate progress. Reports to Board. Through the POP as part of Exec priorities. 		
Describe how this project differs to what is already in place locally or what has been tested elsewhere?	Not aware of other HB implementation plans.		

Project 2

SPPC Fund alignment 2022	ACD Programme	Obesity	Other
Project title	Primary Care Led Healthy Lifestyle Management		
Budget for this project	£341k per annum		
Short project description	The Amman Gwendraeth Cluster Lifestyle Clinic started in the latter part of 2018. The programme provides an intensive, group led lifestyle programme aimed at diabetes remission. The programme looks at all aspects of lifestyle		

	including food, sleep, stress management and exercise with advice on habit formation. There are between 10 and 12 people in each group with each group running for 8 weeks. The programme is led by a local GP.		
Key objectives of this project	<ul style="list-style-type: none"> To reduce HBA1C in all patients participating in the programme. Preventing complications from diabetes e.g. nephropathy, retinopathy and neuropathy. Reduction in prescribing. Sustained lifestyle changes improving health and wellbeing. Enable a referral pathway across all contractor professions for patients that they identify as requiring improved lifestyle management to improve their health and wellbeing outcomes. 		
Start date	April 2022	Expected End date	March 2024
How will you monitor and evaluate this project?	<ul style="list-style-type: none"> The current programme has been set up to run with QI principles which will be scaled up as part of the wider implementation of this programme with performance indicators to capture data and monitor progress based on the key objectives (above); PROMs and PREMs. 		
Describe how this project differs to what is already in place locally or what has been tested elsewhere?	The programme tackles weight management, diabetes prevention and management of diabetes and therefore is not a single focus programme. Being GP led the service can prescribe and describe as appropriate without referring back to the registered GP. Follow up continues for 12 months after commencing the programme.		

Hywel Dda UHB Project 3

SPPC Fund alignment	ACD	Obesity	Other
Project title	Community Pharmacy Led Weight Management		
Budget for this project	£76,000 (anticipate a cost of £78 per person). Administrative cost per participating Community Pharmacy to be agreed		
Short project description	Working with either Slimming World or WW to commission packages of 12 weeks support for patients who are identified by a Community Pharmacist as being diabetic and wanting to lose weight. There had been aspirations to include direct referrals into the National Exercise Referral Scheme (NERS) however they have advised that they are only able to accept referrals from GP Practices. Therefore, further work will be done to consider local exercise schemes, walking groups etc and include signposting information through the service.		
Key objectives of this project	<ul style="list-style-type: none"> To reduce HBA1C in all patients participating in the programme. Preventing complications from diabetes e.g., nephropathy, retinopathy and neuropathy. Reduction in prescribing. Sustained lifestyle changes improving health and wellbeing. 		
Start date	April 2022	End Date	March 2024
How will you monitor & evaluate this project?	<ul style="list-style-type: none"> PROMs and PREMs. Information from the company delivering the packages of care. 		
Describe how this project differs to what is already in place	Not aware that a referral programme through Community Pharmacy has been tested elsewhere.		