

## Middle Lane Surgery, Betsi Cadwaladr University Health Board

### WHAT WE DID

Our Practice Manager came across the Greener Primary Care Wales Scheme in 2024 and felt that it was important for us to sign up and take part. As one of the receptionists in the practice I was keen to be involved. Prior to this, environmental sustainability hadn't been on our agenda, however we quickly realised that we were already doing some of the actions within the framework without realising and this helped us achieve the bronze level quite easily.

We then started working towards a silver award by implementing some new ideas within the practice such as writing an Environmental Policy and promoting staff well-being initiatives. The latter was really important to us being such a small team and wanting to look out for each other.

One of the main changes we adopted was sourcing an eco-friendly cleaning product called 'SoluClean' which is plastic-free and sealed in water soluble film sachets. The packaging is recyclable and there's an option to use re-usable bottles with the product. This has greatly reduced our consumption of single use plastic.

In terms of the co-benefits of participation we were pleased to notice some cost savings from switching off the lights and switching off all the computers. We've also reduced our volume of non-recyclable waste since the new recycling regulations came into place, and it has made us consider what other hard-to-recycle products we could collect on behalf of our staff and patients e.g. batteries and plastic bags.

### WHAT ARE WE MOST PROUD OF

It was a challenge to find the time to participate in the Scheme as we are only a small practice and we experienced some staff shortages last year. However with perseverance and flexibility we managed to achieve enough actions to reach the silver award by the end of 2024. We are now working towards the gold award for 2025/26 and one of our focusses for the year ahead will be finding an affordable provider of reusable medical equipment.



'Go Green' display in patient waiting area



**MIDDLE LANE SURGERY RECEIVED  
A SILVER GREENER PRIMARY CARE  
WALES AWARD IN 2024**

*"We have seen numerous benefits from taking part in the scheme, including financial benefits, practice level benefits and of course environment benefits. This has also been a great piece of work for Heledd (our green lead) to be involved in. I would recommend getting involved."*

#### CONTACT DETAILS:

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#### TO FIND OUT MORE VISIT:

<https://www.middlelanesurgery.co.uk/>