



## Swansea Bay University Health Board

### Biophilic Wales; Caru Natur Cymru

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**Project Theme;** Practical conservation and wildlife promotion on Health board sites with well-being at the heart of all we do.

**Rationale;** Supporting well-being and welsh wildlife

**Project Details;** we are looking for volunteers to help us bring bio-diversity to Green Infrastructure around hospitals and clinics / health centres, in Swansea and Neath Port Talbot. Volunteers can choose just one location or many.

Volunteers will be completing tasks with the project officer or conservation assistant for Biophilic Wales. There will be weekly volunteering session and tasks will range from cutting back scrub, planting trees and making planters to wildlife surveys. No previous knowledge is necessary. Volunteers who have completed a certain number of hours will qualify for free Biophilic Wales Skills Development Award training. Travel expenses can be claimed if needed.

**Intended Outcomes;** Health board sites will become nature rich, benefitting wildlife and people who use the sites.

**Person-centred;** Volunteers will learn new skills, have opportunities to socialise and be more physically active, all leading to greater well-being.

**Organisational-centred;** Volunteers are a fundamental part of our project and our success will be measured using volunteer participation. The project will also protect and promote threatened and vulnerable welsh native plants.

**Partners;** National Botanic Garden of Wales (lead), Swansea Bay University Health Board, Natural Resources Wales, Swansea University

**Time-frame;** April 2019 - March 2022

**Future Development Planned;** Biophilic Wales will be used as an example of good practice for other health boards and for land managers, with the possibility of extending the range after 2022.

**Commissioning / Funding;** ENRaW funding (Enabling Natural Resources and Well-being) from Welsh Government

**Sustainability;** Once Volunteer groups are established we will encourage their input and invite them to take ownership of the areas they work on, in the hope that these groups will become self-sustaining after the project with future support from the health board volunteer manager.

**Evaluation / Reporting;** the project will be regularly evaluated by partners and independently evaluated with 3 reports over the length of the project.

**Disclaimer;** The Sovereignty of the original material and responsibility for its accuracy, timeliness and maintenance rests with each partner organisation.