

Cardiff and Vale University Health Board;

South West Cardiff; ACE; Action in Caerau and Ely (Caerau Lane Surgery)

Project Lead; Contact; Hazel Cryer



Rationale; An innovative approach to social prescribing is currently being developed. In order to establish a sustainable system for social prescribing across the cluster, the project is the result of a collaboration between the cluster and the charity SPICE and formed the basis for a successful bid to the Innovate to Save Fund, which is supported by the innovation foundation Nesta, and Cardiff University.

Project Details; Time credits pilot where GP's can refer patients who need support to change behaviour, or who are socially isolated. Patients are signposted to ACE services and can receive time credits. Also available is an 'ACE prescription'. These leaflets include information about ACE services. GP's can tick appropriate services and give to patients who can then access them directly.

Intended Outcomes; The project will deliver Time Credit social prescribing in the Cardiff South West Cluster, initially to three practices in the cluster during the pilot phase. Time Credits are a well-established community currency that enables an asset-based approach to community development and encourages active citizenship via earning and spending in the network. In Cardiff 120,000 hours of Time Credit have been earned by community members engaging in volunteering opportunities in 171 groups across the city.



Partners; Action for Caerau and Ely

Time-frame; No information currently available

Future Development Planned; No information currently available

Commissioning / Funding; Initially through *Innovate to Save* scheme. Continuing funding to switch to the *Invest to Save* grant stream, made available in Spring / Summer 2018. This will be on condition of support from Cardiff and Vale Health Board who will be asked to manage the grant and repay the monies through cash savings identified as being made as a direct consequence of patient involvement in the associated community activities

Evaluation / Reporting; Spice evaluates the impact of its programmes across England and Wales annually in partnership with independent evaluators Apteligen

Next evaluation to begin in Jan 2018 will assess benefits to patients, primary care staff and also the economic benefits in terms of cashable savings. The role of the social prescriber will also be evaluated and this will inform future standards and training associated with this rapidly expanding role. It is hoped that the information gained will help to inform a sustainable model for social prescribing which may be applicable across Wales.

Supporting Documentation; None

Acknowledgement; Lee Virgo, Cardiff and Vale UHB

Project Status; Ongoing

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