





Newport Care Facilitators; Stay Well Plan

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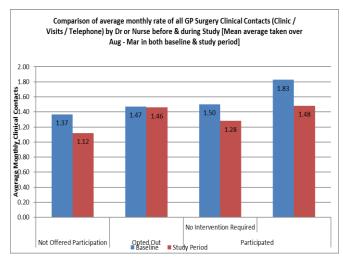
Rationale; The aim of the 'Newport Stay Well Plan' is to help people to remain in their own home as independently and safely as possible. To allow them the freedom, options and choices to make decisions that will benefit their health and general wellbeing

Project Details; Newport Care Facilitators.

Age Cymru Gwent Care Facilitators support older people to create a personal 'stay well' plan to enable them to remain in their own homes for longer and to support the reduction of unscheduled hospital admissions.

Remode to the plot Cohort for the Plot

Intended Outcomes



to; keep people living safely and independently in their own homes.

avoid unnecessary admission into institutionalised care

develop effective anticipatory care planning with care wrapped around the individual.

develop a continuum of multi-agency provision, deploying the right resources at the right time in a holistic manner.

develop capacity for effective early prevention. develop outcome focused service provision in a community setting rather than primary care.

Time-frame; Commenced 2014 - Pilot extended to August 2015

Future Development; Development of categories using analysis of Practice data; extension of the cohort using risk analysis/ stratification informed by the above

- More proactive approach from Frailty in order to reduce number of 'repeaters'
- > SWP completed after episode of Frailty
- More cost effective support services utilised where appropriate
- Additional OT to remove assessment backlog
- Risk stratification as opposed to blanket approach
- Focus on cohorts 1&2, then Revisit baseline



Commissioning / Funding; via Welsh Government Intermediate Care Fund, the pilot is a joint venture between Aneurin Bevan Health Board (ABHB) and Newport City Council

Evaluation / Reporting; Ongoing **Supporting Documentation**







