Gofal Cychwynnol & Chymuned
academi

MAWRTH 2021

DIWEDDARIAD CHWARTEROL

Y newyddion a'r datblygiadau diweddaraf gan yr Academi Gofal Cychwynnol a Chymunedol

*llun wedi'i dynnu cyn Covid

RHIFYN 1 -
YN YR DIWEDDARIAD HON

Fforwm Uwch Ymarferwyr Clinigol Gofal Cychwynnol

Uwch Ymarferwyr Parafeddygol Pacesetter (APPs)

Cymdeithion Meddygol ar Interniaethau

eConsult

Hyfforddiant Ar-lein ar gyfer Staff Gweinyddol / Derbynfa

Hwb Academi Hyfforddiant yn HPI

Fforwm Uwch Ymarferwyr Clinigol Gofal Cychwynnol

Gwahoddir Uwch Ymarferwyr Clinigol sy'n gweithio ym maes Gofal Cychwynnol a Chymunedol i fynychu fforwm anffurfiol sy'n canolbwyntio ar gyflwyniadau Gofal Cychwynnol, Astudiaethau Achos a Rhwydweithio.
Gellir defnyddio'r fforymau hyn tuag at eich oriau Datblygiad Professiynol Parhaus (CPD).

Yn dilyn adborth gan fynychwyr, rydym wedi gwneud ychydig o newidiadau y gobeithiwn y byddant yn gwella'r fforwm wrth symud ymlaen.

Yn gyntaf, bydd y sesiynau'n canolbwyntio ar 5 eitem allweddol am y pwnc dan sylw, ac fe cynhelir am 5pm...neu fel yr ydym wedi'i alw - *5 @ 5!*

Bydd y sesiynau hyn yn canolbwyntio ar ddysgu 'fesul tamaid bach' (Bite Size) ar gyfer Uwch Ymarferwyr Clinigol Gofal Cychwynnol, gan rannu pynciau cymhleth yn ddarnau mwy hylaw gyda phump o ganlyniadau dysgu gartref y gellir eu rhoi ar waidd yn hawdd.

Dyddiadau ar gyfer eich Dyddiadur! 5pm - 6pm trwy Microsoft Teams;
2 Mawrth - 5 Awgrym da ar gyfer Rheoli Problemau ENT mewn Gofal Cychwynnol
6 Ebrill - 5 Awgrym da ar gyfer Rheoli Problemau Menorrhagia mewn Gofal Cychwynnol
4 Mai- 5 Awgrym da ar gyfer Rheoli Methiant y Galon mewn Gofal Cychwynnol

I archebu lle, e-bostiwch BCU.Academy@wales.nhs.uk

Uwch Ymarferwyr Parafeddygol Pacesetter (APPs)

Daeth Cam I y prosiect i ben ym mis Hydref 2020, ac rydym wedi rhannu'r dysgu a wnaethpwyd hyd yma trwy ein Llyfr Cam I a'n podlediadau, sydd ar gael ar ein gwefan - www.paccaacademy.co.uk

Mae Cam II yr hyfforddiant Pacesetter bellach wedi hen sefydlu, gyda Charfan II yn setlo yn eu rolau newydd - gallwch dilyn eu taith ar Twitter trwy chwilio am #APPsinPrimaryCare
Mae sesiynau addysg wythnosol yn parhau ar-lein trwy Teams, gyda Charfan II yn canolbwyntio ar Ymarfer Clinigol, a Charfan I ar y Tri Philer Ymarfer arall (Ymarfer Clinigol Uwch, Addysg ac Ymchwil, ac Awdit ac Arweinyddiaeth)

Dros y tri mis nesaf, mae tim y prosiect yn bwriadu ymweld a'r Clystyrau a'r APPs mewn Gofal Cychwynnol, adolygu rotas a pharhau i ddatblygu canfyddiadau gwerthuso Cam II, sy'n canolbwyntio ar effaith y Pacesetter hwn ar WAST.

Cymdeithion Meddygol ar Interniaethau Gofal Cychwynnol

Bydd taith y garfan gyntaf o Gymdeithion Meddygol mewn Gofal Cychwynnol yn dirwyn i ben cyn bo hir ar ol treulio 12 mis mewn gofal cychwynnol yn atgyfnerthu eu sgiliau a'u gwybodaeth. Mae carfan eleni wedi dylunio a chwblhau awdit yn edrych ar y symtomau a gyflwynir gan gleifion Gofal Cychwynnol a sut y mae'r rhain yn cyd-fynd a'r Cymhwyseddau Matrics PA Craidd. Cyflwynwyd y canfyddiadau trwy gyfrwn poster yng Nghynadledd RCGP eleni a gynhaliwyd ar 11-12 Chwefror. Llongyfarchiadau i Heledd, Craig, Beth a Jo. Bydd y garfan newydd o PAs yn ymuno a ni ym mis Ebrill ac rydym yn edrych ymlaen at eich cyflwyno iddynt.

Platfform ymgynghori ar-lein

Mae dros 50 o feddygfeydd bellach yn defnyddio eConsult, a phob wythnos mae dros 2,500 eConsult yn cael eu cyflwyno i feddygfeydd ledled Gogledd Cymru.

System ar-lein yw eConsult lle gall cleifion gael mynediad at hunangymorth, dewis yn dda (Choose Well) - gwasanaeth hunangyfeirio i fferyllfeydd lleol neu gyflwyno eu symptomau trwy holiadur i'r practis. Yna mae gan y practis 2 ddiwrnod gwaith i ymateb drwy e-bost/testun/ffon/wyneb yn wyneb ac ati.

Gan fod y Bwrdd Iechyd wedi caffael eConsult ar gontract 2 flynedd tan fis Mawrth 2022, nid oes unrhyw gost i feddygfeydd ar hyn o bryd.
Os ydych chi'n dymuno ymuno a'r system, e-bostiwch Tanyaar e-bost yr academi.

Hyfforddiant Ar-lein ar gyfer Staff Gweinyddol / Derbynfa

Mae'r cyrsiau canlynol wedi'u hamserlennu ar gyfer holl staff Gweinyddol / Derbynfa ar draws y gwasanaeth Gofal Cychwynnol.

- Terminoleg feddygol ar gyfer staff anghlinigol
- Codio clinigol
- Crynhoi nodiadau clinigol
- Sut i ddelio a chleifion treisgar ac ymosodol
- Llwyddo gyda phobl anodd

Cynhelir yr holl sesiynau gan Thornfields trwy Microsoft Teams gyda chefnogaeth diwtorial. Ariennir pob digwyddiad hyfforddi trwy HEIW ac maent am ddim i gyfranogwyr.

Am wybodaeth bellach neu i archebu lle, e-bostiwch Academi BIPBC

Hwb Academi Hyfforddi yn Healthy Prestatyn Iach (HPI)

HPI yw'r feddygfa gyntaf sy'n cael ei rheoli gan y Bwrdd Iechyd i gynnal Hwb Hyfforddi dan yr Academi yng Ngogledd Cymru. Ymunodd tri Ymarferydd newydd (dau Ymarferydd Clinigol Cwmpas Estynedig dan Hyfforddiant a Chydymaith Meddygol) a'r Hwb o dan oruchwyliaeth addysgol Dr Jess Deacon.
Mae'r swydd Ymarferwr Cwmpas Estynedig (Extended Scope Practitioner) yn swydd hyfforddi tymor penodol dwy flynedd, sy'n ymgymryd ag elfennau o'r MSc Ymarfer Clinigol Uwch ym Mhrifysgol Bangor neu Glyndwr gyda'r lleoliad clinigol yn HPI.
Bydd y Cydymaith Meddygol yn dilyn Interniaeth Integredig Hyfredol Gofal Cychwynnol mewn Gofal Cychwynnol yn seiliedig ar gontract tymor penodol o 12 mis.

Primary & Community Care
academy

MARCH 2021

QUARTERLY UPDATE

The latest news and updates from the Primary & Community Care Academy

**photo taken pre-Covid*

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Primary Care Advanced Clinical Practitioners Forum

Advanced Clinical Practitioners working in Primary & Community Care are invited to attend an informal forum focused on Primary Care presentations, Case Studies and Networking.
These forums can be used towards your CPD hours.

Following on from feedback from attendees, we have made a few changes that we hope will improve the forum going forward.

Firstly, the sessions will be focused on 5 key items about a topic, and will be held at 5pm.....or as we have called it 5 @ 5!

These sessions will be focused on 'Bite Size' learning for Primary Care Advanced Clinical Practitioners, breaking down complex subjects into more manageable chunks with five take home learning outcomes that can easily be put in practice

Dates for your Diary! 5pm - 6pm via Microsoft Teams;
2nd March - Top 5 Tips for Managing ENT problems in Primary Care
6th April - Top 5 Tips for Management of Menorrhagia in Primary Care
4th May - Top 5 Tips for Management of Heart Failure in Primary Care

To book a place, please email BCU.Academy@wales.nhs.uk

Pacesetter Advanced Paramedic Practitioners (APPs)

Phase I of the project ended in October 2020, we have shared the learning so far through our Phase I Book and podcasts, which are available on our website - www.paccaacademy.co.uk

Phase II of the Pacesetter is now well underway, with Cohort II settling into their new roles - you can follow their journey on Twitter by searching #APPsinPrimaryCare
Weekly education sessions continue online via teams, with Cohort II focusing on Clinical Practice, and Cohort I on the other three Pillars of Practice (Advanced Clinical Practice, Education & Research and Audit & Leadership)

Over the next three months, the project team are aiming to visit the Clusters and APPs in Primary Care, review rotas and continue to develop the Phase II evaluation findings, which focuses on the impact of this Pacesetter on WAST.

Physician Associates in Primary Care Internships

The first cohort of Physician Associates in Primary Care will shortly step off the programme having spent 12 months in primary care consolidating their skills and knowledge. This years cohort have designed and completed an audit looking at patient presentations in Primary Care and how these align to the PA Core Competencies Matrix, and the findings will be presented via a Poster at this years RCGP Conference which was held on 11-12 February.
Congratulations to Heledd, Craig, Beth and Jo. The new cohort of PAs will join us in April and we are looking forward to introducing you to them.

eConsult online consultation platform

Over 50 practices are now using eConsult, and each week over 2,500 eConsults are submitted to Practices across north Wales.
eConsult is an online system where patients can get access to self-help, choose well - pharmacy, local self referral services or submit their symptoms via a questionnaire in to the practice. The Practice then has 2 working days to respond via email/text/phone/face to face etc.

As the Health Board have procured eConsult on a 2 year contract until March 2022, there is no cost to practices at this time.
If you wish to sign up to the system, please email Tanya via the academy email address.

Online Training for Admin/Reception Staff

The following courses are scheduled for all Admin/Reception staff across Primary Care.

- Medical Terminology for Non-Clinical Staff
- Clinical Coding
- Clinical Notes Summarising
- How to Deal with Violent & Aggressive
- Patients
- Succeeding with Difficult People

All sessions are carried out by Thornfields and are held via Microsoft Teams with tutorial support. All training events are funded through HEIW and are free for participants.

For further information or to book a place, please email the BCU Academy

Academy Training Hub at Healthy Prestatyn Iach (HPI)

The Health Boards Managed Practice - HPI is the first Health Board practice to host a Training Hub under the Academy within north Wales, with three new Practitioners (two Trainee Extended Scope Clinical Practitioner and a Physician Associate) joining the Hub under the educational supervision of Dr Jess Deacon.
The Extended Scope Practitioners is a two year fixed term training post, undertaking elements of the Advanced Clinical Practice MSc at either Bangor or Glyndwr University with the clinical placement at HPI.
The Physician Associate will be following the HB Physician Associates in Primary Care Longitudinal Integrated Internship based on a fixed term 12-month contract.