

South Ceredigion Cluster Plan 2024/25



Our vision is to continue developing the health & wellbeing of the local population within South Ceredigion utilising the current services whilst developing new and innovative ways of delivering care in our locality. The Cluster aims to grow mental health services and opportunities for people to maintain their health and wellbeing, via the Third Sector, Community and Primary Care contractors.

About our Population

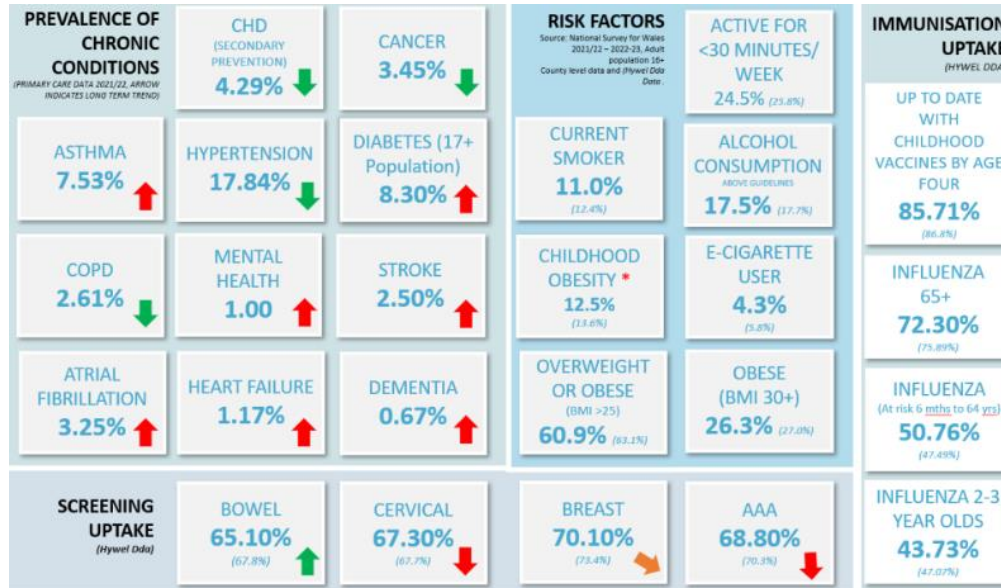


Males – **48.7%**
Females – **51.3%**

Aged 65+ – **29.4%**
Aged 85+ – **3.5%**



43.2% of people are in very good general health



About our Services



- 5 GP Practices with **0** Branch Surgeries
- 5 Dental Practices including 1 Community Dental Practice
- 13 Community Pharmacies
- 6 Optometry Practices
- 1 Integrated Care Centre
- 12 Nursing & Residential homes
- Bronglais Hospital serves North & South Ceredigion

Between 1st April 2022 and 31st March 2023:



- There were **256,618** GP appointments of which **75%** were face to face
- **56%** of the appointments were urgent
- There were **no** consultations in the PIPs service for common ailments
- **1,352,653** items were dispensed by Pharmacies
- **40** people were seen by the Independent Prescribing Optometry Service

Cluster Budget (Recurrent)



- Spend for 2023/24 is **£301k**
- Budget for 2024/25 is **£348k**

Cluster Priorities 2023/24

- A joint cluster project between North/South Ceredigion and 2 Ts, to deliver **Clinical Health Psychology Service** to provide psychological care and treatment for women’s health and pelvic health related conditions. It is a 2-year project costing £122,000 p/a between all three clusters.
- **Exercise co-ordinator** within the Cluster Frailty and Chronic Conditions team
- **Pro-active Falls and frailty specialist Physiotherapist** - the recruitment of a Band 6 Specialist Physiotherapist with a special interest in falls and frailty, and a Band 4 physiotherapy assistant practitioner to work alongside General Practice, .

Cluster Priorities 2024/25

- Scale up the **frailty team** to reduce the case load and enable improved access to the large cohort of frail patients across the cluster
- The continuation of the **Clinical Health Psychology Service** to provide psychological care and treatment for women’s health and pelvic health related conditions.
- Develop the **integration of the optometry and pharmacy collaboratives** to ensure they are being supported at a cluster level. We are currently working with PHW to provide access to training which optometry colleagues may need as a result to the increased focus on holistic health as part of their new contract regulations.