

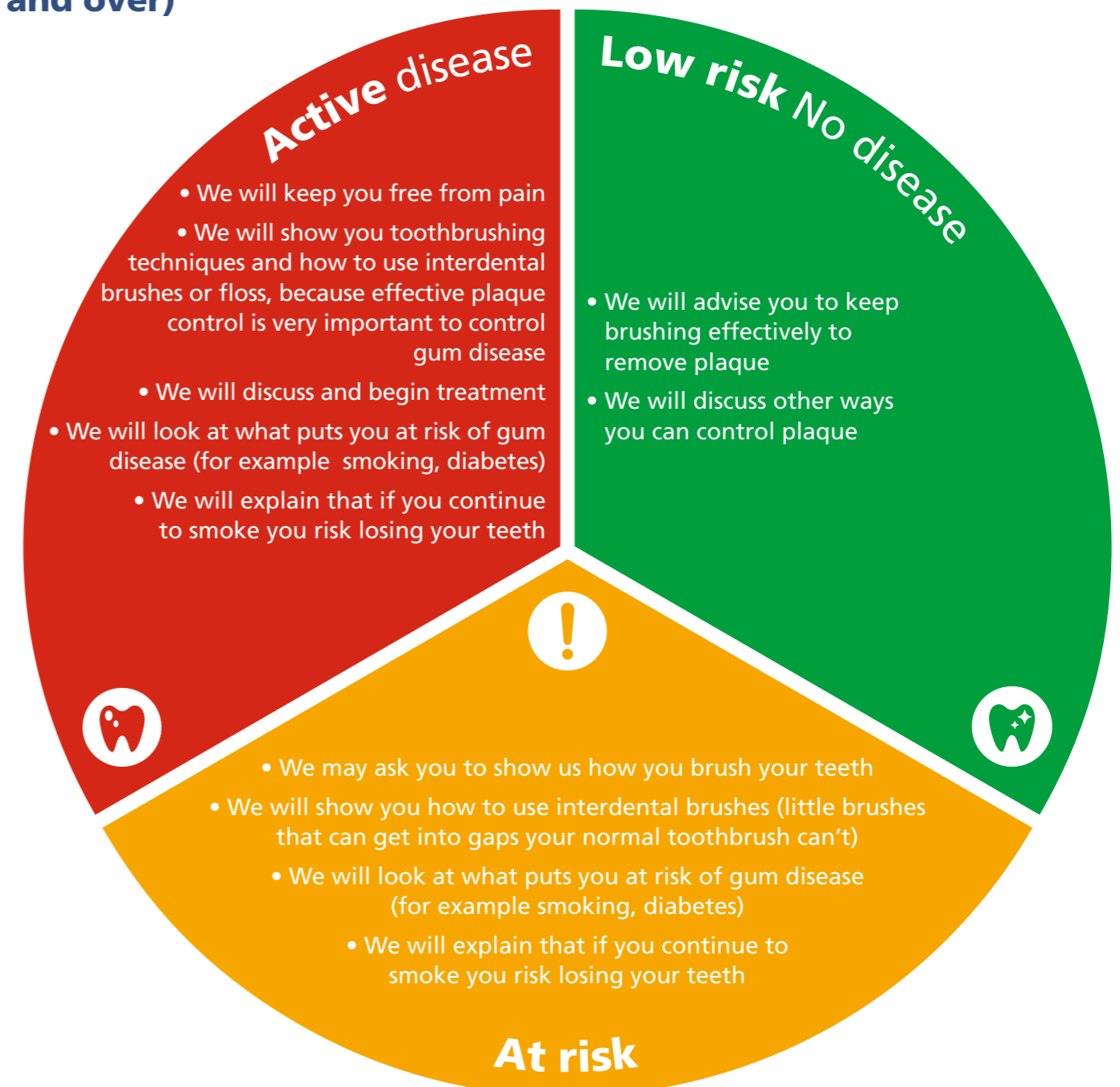
# Assessment of Clinical Oral Risk and Need (ACORN)

We will do it well, once a year

## How we will treat and help you prevent tooth decay in adults



## How we will treat and help you prevent gum disease (age 12 and over)



### Toothbrushing tips for all

Brush effectively last thing at night and once again during the day, using a toothpaste that contains at least 1,350ppm fluoride. Make sure you spit but do not rinse after toothbrushing.

### X-rays

We will x-ray your teeth depending on your risk, needs or treatment.