

Knocked-out tooth

Go to your local Accident & Emergency unit if:

- You have experienced significant facial trauma
- You have experienced loss of consciousness, blurred/double vision or vomiting
- There is significant bleeding that will not stop after 30 minutes
- You think you have inhaled a broken tooth

Knocking out a front tooth is a dental emergency **if you still have the tooth**. The sooner a knocked-out adult tooth is re-implanted, the more likely it will embed back into the gum. If you knock out a tooth, you should:

- Pick it up and hold it by the crown (the part that you normally see in the mouth)
- If the tooth is dirty, rinse it in water/milk or lick the tooth to clean it
- Put it back into position (adult teeth only, never try to re-insert a baby tooth)
- Bite on a handkerchief to hold the tooth in place
- Call your dental practice immediately for further advice



If you can't put the tooth back in position, put it in milk (covering the whole tooth) and call your dental practice for advice as soon as possible.

If you don't have a regular dentist, call 111 or NHS Direct Wales on 0845 46 47 for advice. You may be directed to an urgent care dental service. Do not forget to take the tooth with you.