

Broken tooth

Dental services during the COVID-19 (coronavirus) pandemic are limited and you may need to wait until normal services resume for your broken tooth to be treated. In the meantime:

- If you have broken a tooth, ask someone take a look. In the middle of the broken part of the tooth, there may be a red/pink area. If there is, call your dental practice by telephone for advice. If you don't have a regular dentist, call NHS Direct Wales on 0845 46 47 or 111 for advice.
- If your tooth is just chipped and not painful, this is not an emergency and you will need to wait until you can see your dentist for a routine appointment.
- If you suffer a blow to the teeth but they were not damaged or knocked out, there is no need to seek treatment. It is normal for the mouth to be sore for some time after a blow and the teeth may be sensitive or painful to touch. Try a soft diet and avoid biting on these teeth if they are tender.
- Painkillers such as Paracetamol and/or Ibuprofen can help to ease the pain. Take care to follow packet instructions.
- If you have severe pain which cannot be managed by painkillers you will need to contact your dental practice by telephone for advice. If you don't have a regular dentist, call 111 or NHS Direct Wales on 0845 46 47.



Image by James Heilman, via wikipedia.com