

Delivering Care Closer to Home

Blaenau Gwent West- Neighbourhood Care Network Plan – 2019/20



Our aims are to:-

- Improve the health and wellbeing of the local population
- Support people to stay well, lead healthier lifestyles and live independently
- Reduce health inequalities
- Deliver the Clinical Futures Strategy in primary and community care to:-
- Provide more joined up services in community settings
- Ensure that services have the flexibility to meet individual needs
- Improve access to specialist expertise
- Provide a positive experience for patients and carers
- Ensure a supportive working environment and career development opportunities for our staff

What are we doing?

- Ensuring sustainable local services by introducing new primary care roles including:- practice based pharmacists, physiotherapists, mental health workers and primary care audiologists.
- Strengthening local professional networks to support collaboration for service improvement
- Improving uptake of the care and advice available through community pharmacies and voluntary sector teams
- Increasing the population coverage of preventative services to keep citizens well including influenza and childhood immunisation
- Working to reduce the local health burden of heart disease and cancers by strengthening smoking cessation and weight management services and increasing participation in exercise schemes
- Providing assessments and advice through a re- visit of the Living Well Living Longer programme
- Tackling inequalities – including:-
 - The launch of the Period Equity Scheme
 - Analysis of late presentation of disease to understand causes and to identify opportunities for earlier diagnosis
- Improving services to residents in Care homes through intergenerational befriending, personalised care planning and improved medicines management
- Focussing future work on the needs of housebound residents
- Improving frailty services and establishing a new frailty unit in Ysbty Aneurin Bevan
- Supporting the implementation of the Compassionate Communities programme

How Are We Delivering Change?



“Enablers”

- Technology
- Skilled Workforce
- Partnership Working
- Financial Resource
- Fit for Purpose Estate

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How will we know if we have made a difference?

We review health and wellbeing outcomes regularly and we learn from feedback from patients, carers and staff