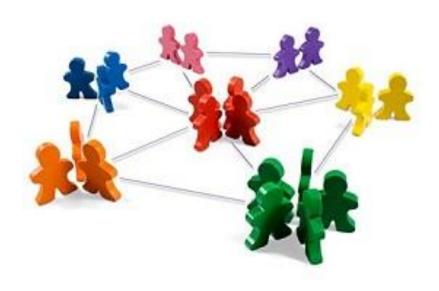




Three Year Cluster Network Action Plan 2017-2020 (Year 2018-2019)

(Caerphilly East) Neighbourhood Care Network



Strategic Aim 1: To understand and highlight actions to meet the needs of the population served by the Cluster Network

Objective	For completion by:-	Outcome	Action, Progress to date & Measures	RAG Rating
1.1 Smoking Cessation				
Achieve/work towards the National Tier 1 target of 5% of smokers make a quit attempt via smoking cessation services Improved Quality of Care Supports Caerphilly SIP - Healthier Caerphilly H1, H2, H3, H4 Supports IMTP SCP2/3	Years 1,2&3 NCN, PHW, Smoking Cessation Wales, Housing Associations, Communities First, Community Pharmacy	Increased numbers of staff who have access to brief intervention training Increased access for patients to staff trained in brief intervention techniques Patients will be motivated to make a quit attempt and will receive effective treatment to quit smoking	 Actions: Provide Brief Intervention training for staff Ensure all practices have a Smoking Champion to link with SSW Increase Pharmacies providing Level 3 Smoking Cessation Implement Smoking Champions training Encourage young people to access smoking cessation services Progress: Brief intervention training for staff continued to be rolled out including for Midwifery Service 7 out of 7 practices currently have a Smoking Champion 8 Pharmacies offer level 3 Smoking Cessation Services 7 Pharmacies offer level 2 Smoking Cessation Services 3 Community Clinics Promotional campaign materials circulated to third sector and information on pharmacies offering smoking cessation support in the borough. Also information from ASH Wales. Referral updates reported timely at NCN meetings Stop Smoking Champions event held on the 26th October 2017 Total number of smokers referred directly to smoking cessation services in Caerphilly East NCN (Stop Smoking Wales and Level 3 Pharmacy) = 233 at the end of Qtr 3 of 2017/18 Awaiting updated figures from SSW 	A

1.2 Tackling Obesity				
Dbesity: Continue to work to cackle obesity and work towards a reduction in the numbers of adults/children who are overweight/obese Care Closer to Home Improved Quality of Care Supports Caerphilly SIP - Healthier Caerphilly H2, H3, H4 Supports IMTP SCP2	Years 1,2&3 NCN, PHW, ABUHB Weight Management	NCN membership and stakeholders will be able to plan for integrated service provision across the Caerphilly NCN areas. Families will have access to a wide range of children and young people's services, initiatives and projects addressing obesity issues	 Actions: Ensure service users are well informed of weight loss initiatives Support the delivery of the Childhood Obesity work plan Progress: Community DSN's receiving patients and planning discharge from secondary care services Communities' First representation at all NCN meetings. NCN informed of all obesity related programmes and initiatives. Consideration of the Risk / Future of the Food Wise programme given uncertainty of Communities First Future and impacts. Funding has been considerably reduced within the Legacy programme and it has been necessary to prioritise activities that Communities First will continue with such as Employment, Empowerment & Early Years. Adult Weight Management Service referral and activity data under development Directory of available services 'DEWIS' under development and being populated for Caerphilly Outdoor Active team, National Play Day, holiday schemes for children and young people play schemes delivered by GAVO Play Projects A consultation is being undertaken for the Play Sufficiency Audit which will inform the CCBC Play Sufficiency Action Plan Healthy eating policy adopted in all 26 Pop in and Play Groups delivered by GAVO and Homestart EPP NHS Self-Management courses delivered in all 3 NCN cluster areas - Includes education on weight management, Nutrition (the Eat Well Plate), the benefits of physical activity and remaining active, relaxation and sleep promotion. There are 6 week courses running in a verity of venues in the borough April, June and September 2018 881 referrals across Caerphilly received into NERS for 2017/18 Focus on Obesity workshop planned for NCN meeting in September 2018 	

1.3.1	Years 1,2&3	Decrease in hospital	Action:	А
Influenza: Increase uptake of immunisations within Caerphilly East NCN Improved Quality of Care Supports Caerphilly SIP - Healthier Caerphilly H3 Supports IMTP SCP2	NCN, PHW, District Nursing	admissions Decrease in morbidity	 Implement the Caerphilly NCN Flu Plan for 2017/18 Target improvement on uptake figures from previous year Progress: 2017/18 65.0% acheived as at 06.03.18 for immunisation against influenza for 65yrs and older (@30.03.17=63.2%) 48.9% acheived as at 06.03.18 for immunisation against influenza for 6months to 64yrs (@30.03.17=47.7%) 50.1% achieved as at 06.03.18 for immunisation against influenza for children 2-3 years (@30.03.17=44.6%) By end of January 2018 1,425 Housebound patients and Carers in Caerphilly Borough were offered flu vaccinations with 944 completed by District Nurses Progress: 2018/19 The July Caerphilly East NCN Cluster meetings have a subject focus "Winter Planning" and a key component of this is flu vaccinations. Clusters have reviewed and discussed what went well and not so well in previous vaccination programme periods. New and alternative ideas have been suggested and these will be shared across the Caerphilly borough. Throughout the programme period weekly reports of age 2-3 uptake by individual practices to be shared with ABUHB Health Visiting to highlight and address areas of lower compliance. 	
Learning Disabilities: To increase up-take of Learning Disability Enhanced Service Annual Reviews to deliver reviews to 90% of all eligible patients Improved Quality of Care Supports		Reconciliation of GP Practice and Social Service LD registers Patients with a learning difficulty who are eligible, have access to Annual Health Reviews via	 Actions: Number of claims made by each practice for completed reviews assessed against the number of eligible patients Collaboration/coproduction with Third sector Learning Disability support providers, user led groups, advocates families and carers to encourage participation with the health checks through engagement, peer support and accessible information. A thematic session? 	G
Caerphilly SIP – Healthier Caerphilly H5 Supports IMTP		Primary Care Services	 Progress: NCN received a presentation to consider a pilot for Primary Care Liaison Nurse on 09.03.17 	

SCP1/2/8	Outcome of presentation: - Funding for 2.00wte Band 6 nursing posts from Intermediate Care Fund - To pilot health liaison service in 2 NCN areas- Caerphi East and a Blaenau Gwent NCN area Pilot would be for a 6 month period and would focus on: - Identification of people with a learning disability on the register - Identification of uptake of annual health checks - Provision of clinics to undertake health checks with these - Enable the provision of easy read information - Education of people with a learning disability regarding benefits of health checks - Development of a health action plan format and pilot i - Start Date September 2017 - Links with LD IMTP - Funding agreed - Caerphilly East QOF - Total removed = 64, - Total added = 39 people who had a LD and not on list - No of people eligible for AHC but do not have one as to are not on the DES list = 60 - GP practices now using updated 2016 version of the A Health Check and accessible information is available to practices to send with the invitation for an AHC/s	e GP the GP g the ts use t, hey nnual
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Strategic Aim 2: To ensure the sustainability of core GP services and access arrangements that meet the reasonable needs of local patients including any agreed collaborative arrangements

Objective	For completion by:-	Outcome	Action, Progress to date & Measures	RAG Rating
2.1 Access				
2.1.1 To identify gaps in services & access deficit in Primary Care Care Closer to Home Sustainability Improved Quality of Care Supports IMTP SCP3	Years 1,2&3 NCN, GP Practices	Support the use of technology to improve patient access to primary care services through: - MHOL - Text messaging - Use of mobile technology by GPs & Nurses - Utilisation of DEWIS	 Continue to promote the use of MHOL and monitor progress Share best practice regarding MHOL uptake Liaise with the DEWIS Coordinator to improve webpages and uptake across Caerphilly Progress: 100% uptake from practices of My Health Online in Caerphilly East NCN 100% of practices using for Appointments and Prescribing All practices providing text messaging services to patients for appointment, flu vacs reminders Partner services providing patient information for waiting room electronic information screens DEWIS Co-ordinator attend the July NCN Cluster meeting to give status update report and discuss any issues. Update at NCN Management Team Caerphilly DEWIS co-ordinator currently cross referencing, checking and uploading Caerphilly related information. Currently working with community connectors to where appropriate upload information. Caerphilly co-ordinator to attend future NCN meetings to discuss progress and any issues raised 	A
2.1.2 Implement Social Prescribing model with the NCN	31.03.19 GP Practices, NCN Membership,	Patients are encouraged to self-refer to local community services where they do not need	Action: • Implement the West Wakefield model of Active Signposting across all GP practices within the NCN	A
Care Closer to Home Sustainability	Allied local services	to see a GP first	Progress:	

Improved Quality of Care	<u> </u>	<u> </u>	The first of the 2 testining asserting is subsidial for File	
Supports IMTP			The first of the 3 training sessions is scheduled for 5th	
SCP3			September with following up sessions in Oct and Dec 2018.	
			All practices have expressed intention to uptake this training	
			opportunity.	
			Scoping of who potentially would be required to be there in	
			terms of a signposted service underway.	
			Planning to increase the capacity and enhance the role of	
			Community Connectors across Caerphilly NCNs in partnership	
			with Social Services	
2.2 Sustainability	•			
2.2.1	Years 1,2&3	Patients benefit from	Action:	А
Continue to support GP Practice	NCN Team,	stability of Primary Care	Explore options available for collaborative working	
Resilience	Primary Care	workforce	among practices	
	Team, PCOST			
Sustainability			Progress:	
Supports IMTP			Following the NCN meeting on the 13 th of July 2017 all	
SCP3/7			practices within the NCN stated that there were currently no	
			immediate pressures	
2.2.2	31.03.19	Raised awareness of the	• Sustainability Meeting 2 held on 21/02/18 Action:	A
To promote and raise awareness		existence of the LOHAP	Publicise LOHAP across NCNs	^
of the Local Oral Health Action	NCIV Tealii	for the wider NCN	Circulate information complementing the programme	
Plan (LOHAP)		membership	e.g. materials from MEND promoting healthy diet	
			Progress:	
			LOHAP circulated to NCN members for information	
			Dental Advisor appointed across all NCNs	
			LOHAP up-date expected July 2017	
			Welsh Government issued a 5 year National Oral Health Plan	
			in 2013.	
			Health Boards were asked to develop an annual Local Oral Health Action Plan during this period, which identified need	
			and addressed key dental issues, in line with the NOHP.	
			 As the NOHP has come to an end, the HB has not developed a 	
			LOHAP but is waiting for guidance from WG on next steps.	
			The NOHP (2013/18) focused on service delivery but the new	
			'Prosperity for All' oral health and dentistry response is going	
			to be focusing on prevention, and cluster working.	
			Awaiting update from Senior Primary care Manager for Dental	

2.3 Workforce				
2.3.1 Social Prescribing utilising Community Connectors/Social Workers Care Closer to Home Improved Quality of Care Supports IMTP SCP2/3/4	31.03.19 NCN Lead Social Services Identified practices	Better GP Access Avoid social isolation for people within the NCN are A greater focus on achieving people's wellbeing outcomes through holistic integrated service provision Increased capacity for GP's where people can access the right person, with the right skills and at the right time.	 Employ a further 6 Community Connectors via Social Services to work closely with GP practices across Caerphilly East NCN Monitor progress and impact on access to local service Progress: Head of Service for ABUHB and Social Services to meet to agree model, costings and sign-off of additional posts 	R
2.3.2 Maintain and provide continuous support for the Primary Care Based Pharmacists time from NCN funding to integrate with NCN and Partners Care Closer to Home Improved Quality of Care Supports IMTP SCP3	Years 1,2&3 NCN Lead Pharmacy NCN Practices	Patients have local access to and benefit from evidence based interventions; Patients benefit from reduced waiting times from increased GP capacity	 Action: Maintain the current capacity of Primary Care Based Pharmacist time for Caerphilly East Integration of Pharmacist to be monitored Maximise Practice Based Pharmacists working Progress: Pharmacists regularly attend the NCN meetings and have presented on their work programme and shared good practice across the NCN Full time Pharmacist appointed to increase capacity within the NCN to 1.8 WTE The following pharmacist activity data is for Caerphilly East NCN from April 2017 to present: 1,886 hours GP time replaced (equivalent 11,316 x 10 minute appts) 3,641 practice based reviews 245 housebound reviews 	A

			 155 nursing or care home reviews 2,343 prescription based queries 1,171 Secondary care discharge summaries/ communications 507 chronic disease clinics using independent prescribing £122,154 value from April 2017 to 31st March 2018, estimated full year effect £182,281. Additional work includes: Repeat Prescription Management: Implementation of the "Luton Model" and batch prescribing in Caerphilly East practices. Audit work: COPD, Opioid Transdermal Patches, Tramadol, MHRA Warnings e.g. Valproate use in Women of Child Bearing Age and Canagliflozin increased risk of lower extremity amputations. 	
			 "Hard to reach" Patient Reviews- Patients not seen for >1 year, >80 years and on >4 medications. Joint Social Worker Domiciliary Visits 	
2.3.3 Re-alignment of GP Practices and District Nursing	31.03.19 District Nursing, NCN Leads, Asst Head of Service	Improved communication and working relationships creating a more streamlined service provision	 Action: Scoping exercise to determine feasibility of DNs being practice aligned as opposed to working geographically Progress: Senior Nurse for Caerphilly and Asst Head of Service to have planned to review and feed back to NCN Management Team 	R
2.3.4 Improved access to Physiotherapy across Primary Care within the NCN (Pilot) Care Closer to Home Improved Quality of Care Supports IMTP SCP3	31.03.20 Physiotherapy Directorate, NCN Leads, NCN Membership	Patients have improved access to physiotherapy services with reduced waiting times	 Action: Employ a Band 7 Physiotherapist utilising NCN funding Monitor progress and impact on local GPs and Physiotherapy Service Progress: Agreement to progress with the Band 7 physiotherapist option given by NCN clusters. Recruitment is in progress with the aim to have a physiotherapy presence in practice by end of October 2018. The therapists will be aligned to practices on a list size equitable share and will be able to undertake initial 	A

2.4 Care Closer to Home			 assessment, give advice, refer for diagnostics, refer to secondary care etc. Physios will not give injectable therapies where an enhanced service exists within the practice to administer this. 	
2.4.1 Ensure NCNs full participation in the Care Closer to Home Strategy	Years 1,2&3 NCN Team, IP Membership	Agreed vision and action plan for delivering prudent healthcare across ABUHB	 Action: Ensure continued engagement and strong links with Clinical Futures and the Care Closer to Home strategy and delivery framework Progress: Phase 2 workshop for Care Closer to Home held on 02/08/2018 to agree delivery framework Awaiting outcomes from the meeting and Action Plan 	А
2.5 Community Engagement				
NCN to work collaboratively with Youth organisations/services in Caerphilly Borough to take forward the agenda for young people and improve understanding of health services and provide prudent signposting to 11-25 year olds	31.03.19	Young people in Caerphilly have a better understanding of what services and support is available to them	 Actions: Encouraging young people in the "at risk" group to have their flu vaccinations Signposting to local smoking cessation support services, with selected youth workers willing to be trained as Smoking Champions Signposting young people with low level mental health and wellbeing issues to local wellbeing services Supporting Young Carers Progress: Meeting held with SYDIC a Youth Drop-in Centre in August 2018 Exploring opportunities across Caerphilly East NCN to promote access to services via current android and ios technology utilising QR Information pods for example 	A

2.6.1	Years 1,2&3	Sharing education	Action:	Α
Training & Development: To support relevant education and development opportunities across the NCN where appropriate Improved Quality of Care Sustainability Supports IMTP SCP2/5/7	NCN Team	sessions across practices providing up to date enhanced skills to provide better patient care Utilise the NCN Training Plan from NCN slippage monies	 Facilitate training opportunities: Examples: Workflow Optimisation training completed Care Navigation - Signposting for Reception Staff planned to commence for all practices on 05/09/2018 Diploma in Therapeutics for Practice Based Pharmacist 	
2.7 Estates	<u> </u>			
7.7.1 To consider accommodation requirements within primary care in relation to wider delivery of services Care Closer to Home Sustainability Supports IMTP SCP3/7	Years 1,2&3 NCN, Primary Care Estates	Patients are able to local access services in high quality premises	 Discuss Caerphilly East Primary Care accommodation requirements at NCN Lead annual practices visits and NCN meetings Progress: Discussions held at NCN Lead practice visits regarding future developments Issues regarding current buildings also being explored Linked to Care Closer to Home strategy Practices have the opportunity to apply for an improvement grant from the Health Board NCN funded Sustainability Focused Workshop 1st March 2017. This allowed practices to have protected time out to discuss and consider the challenges of sustainable Primary Care and local risks and possible solutions which included accommodation and estates issues. Potential for shared services being explored Sustainability Meeting 2 held on 21/02/18 	G

Strategic Aim 3: Planned Care- to ensure that patients needs are met through prudent care pathways, facilitating rapid, accurate diagnosis and management and minimising waste and harms. To highlight improvements for primary care/secondary care interface.

Objective	For completion by:-	Outcome	Action, Progress to date & Measures	RAG Rating
3.1 Secondary Care				
3.1.1 Service Development - working towards developing an integrated health and social care provision across acute and community services	Years 1,2&3 NCN Lead, Caerphilly Locality Team	Improved links and communication with Secondary Care Leads	 Action: NCN Leads to work collaboratively with Secondary Care /CRT consultants. Secondary Care/CRT Consultants to become core members of the local Caerphilly Management Team meeting NCN Leads to be engaged in the development and implementation of a graduated care model within Caerphilly borough. Progress: NCN Leads disseminated to their respective NCN Seconday Care/CRT Consultants to be invited to Management 	A
3.2 Medicines Management			Team meetings	
3.2.1 Medicines Management To monitor the NCN prescribing budget and delivery of the Medicines Management Plan Improved Quality of Care Supports IMTP SCP3/4/7	Years 1,2&3 ABUHB Pharmacy, GP Practices	Efficient use of resources leads to re-investment & more appropriate care	 Action: To scrutinise prescribing budgets on Practice by Practice basis at all NCN meetings To monitor NCN performance against all other NCNs Progress: Primary Care Pharmacy Team member attends NCN meetings to update practices on prescribing information and budget performance. Budgets scrutinised on practice by practice basis at NCN meetings Individual NCN performance benchmarked against all other NCNs Efficiencies and practice performance openly discussed at all NCN meetings. 	A

3.2.2 Waste Management Reduce medicines waste and safety concerns relating to repeat prescribing systems	Year 1 & 2 ABUHB Pharmacy, GP Practices	Prevention of fragmentation, repetition and erosion of potential benefits	Action: • Evaluate progress of the established Luton Model and establish learning and best practice	А
			 Progress: Practice agreed to adopt the Luton Model and letters being sent to all patients on repeat prescriptions during January 2018 Awaiting outcomes during 1st quarter of 2018/19 	

Strategic Aim 4: To provide high quality, consistent care for patients presenting with urgent care needs and to support the continuous development of services to improve patient experience, coordination of care and the effectiveness of risk management. To address winter preparedness and emergency planning.

Objective	For completion by:-	Outcome	Action, Progress to date & Measures	RAG Rating
4.1 Urgent Care				
4.1.1 To develop NCN resilience for winter preparedness and emergency planning	Years 1,2&3 NCN, Caerphilly Locality Team	Patients provided with clarity of process followed by services in the event of adverse weather and emergency situations	 Flu Immunisations Practice adverse weather plans (business continuity) Prioritisation of clinics Patient interface issues (access, travel, etc) Progress: July Caerphilly East NCN Cluster Meetings: NCN Leads have facilitated a session to reiterate the necessity for all services collectively have a part to play to ensure effective service delivery through maintained planning to cope during times where demand and capacity can be an issue and also in times of inclement weather to ensure business continuity. A reflection of what has gone well in previous years and what posed an issue for local teams was briefly discussed. Partners	A

4.1.2 Frailty: To monitor CRT referral	Years 1,2&3 NCN,	Improved access and communication with	 at the meeting contributed with potential ideas to be explored to support the 2018/19 period. CRT undertaking a pilot intake model for Reablement. Pilot to be undertaken during July/Aug 2018, using ward 2.1 at YYF. The aim of the pilot is to improve the flow within YYF. Action: Discuss at NCN with partners to address issues e.g. 	А
rates, pressures, trends & address as required	CRT, Caerphilly Locality Team	Frailty and between Frailty and the OOH Service	 communication between Practices and frailty teams Included in ISPB performance reporting Quarterly NCN performance tracking of CRT referrals 	
		Less hand offs between services, and improved communication about the needs of the individual will result in better quality, more timely care Increased GP referrals & eduction in rejection of referrals	 Progress: Capacity issues improved Newly appointed Dr to the team Reported increase in referrals from GPs & secondary care to the whole Frailty team Staff from the CRT are regularly attending the NCN meetings and Management meetings and using these opportunities to update the GP and partners with any changes in the CRT. The last year has seen an increase in the CRT staffing numbers with the Community Physios being moved from a hospital setting to the community. They brought with them a large waiting list of patients but work has been undertaken and although there is still a waiting list this has been reduced significantly (currently around 34, with an average waiting time of 3 weeks. This is down from 80 and a waiting time of several months). Falls Assessments waiting list has reduced significantly over the year. Although 'pull' is an important function of the CRT, moving forward the CRT want to do more work at the preventative end in trying to avoid hospital admission. Developing 'pathways' within CRT to try to facilitate easier access into the service Frailty medics and nursing staff are visiting the GP surgeries to update them on Frailty and also try to address any issues the GPs are having in trying to access our service 	

Strategic Aim 5: Improving the delivery of dementia; mental health and wellbeing; cancer; liver disease, COPD, (delete as appropriate)

- QoF related

Objective	For completion by:-	Outcome	Action, Progress to date & Measures	RAG Rating
N/A for 2018/19				

Strategic Aim 6: Improving the delivery of the locally agreed pathway priority.

Objective	For completion by:-	Outcome	Action, Progress to date & Measures	RAG Rating
N/A				

Strategic Aim 7: Deliver consistent, effective systems of Clinical Governance and Information Governance. To include actions arising out of peer review Quality and Outcomes Framework (when undertaken).

Objective	For completion by:-	Outcome	Action, Progress to date & Measures	RAG Rating
7.1 GPSAT				
7.1.1 To fully implement the Clinical Governance Toolkit Sustainability Improved Quality of Care Supports IMTP All SCPs	31.03.19 NCN, Primary Care & Network Division, GP Practices	Consistency and safety in Practice and NCN wide primary care services	 Action: Encourage practices to complete the Toolkit within agreed timescale Monitor progress via QPS reporting Progress: 100% of practices completed the toolkit for 2017/18 Deadline for completion has been extended to the end of April 2019 	A

Strategic Aim 8: Other Locality issues

Objective	For completion by:-	Outcome	Action, Progress to date & Measures	RAG Rating
8.1 NCN Funding: Appropriate use of surplus NCN funding allocation for 2018/19	31.03.19 NCN Lead, Head of Service, NCN membership	Utilisation of slippage monies from the annual budget after all recurrent funding has been allocated	Action: Consideration for funding towards: Considering various training and development which would be beneficial to the NCN Considering funding towards piloting e-consult within the NCN	A
			 Progress: Decision on allocation of slippage monies to be agreed at NCN meetings NCN Lead to produce Spend Plan for 2018/19 Care Navigation licenses to be provided via NCN funds for 2017/18 Consider NCN funding for QR Info Pods for community services 	
8.2 Local Access: Support practices within Caerphilly East NCN with access solutions		Reduction in appointment waiting times	 Provide fixed term NCN funding for e-consult software Monitor/Evaluate progress Progress:	A
			Progress: • Funding agreement to be sought at NCN meeting in September 2018	