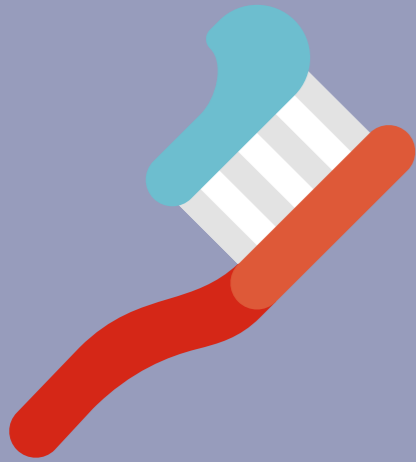
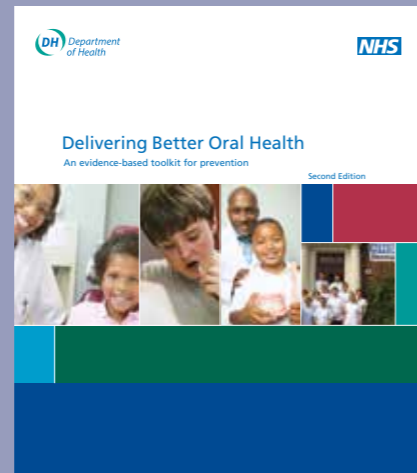


Key Principles



Remember, brushing is a practical skill – witness and demonstrate

- Spit don't rinse after brushing
- Nothing after brushing

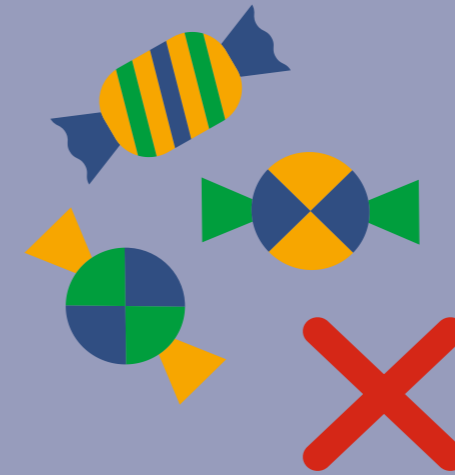


Prevention intervention and advice as per Welsh DBOH

- Reinforce keeping sugar hits to mealtimes
- Nothing sugary to eat or drink in the hour before bed



- Prioritise risks and concentrate on one change at a time to assist patients look after and improve their own oral health – transfer responsibility to patients
- Layer advice and intervention adding more the higher the risk and need



- Identify key modifiable risk taking behaviour, discuss with patient what they might want to change and agree an achievable action plan
- Work together to agree a personal plan



- Risk and Need status communicated to patient
- Utilise the whole team to deliver what is expected
- Interval for recall must reflect need and risk