Assessment of Clinical Oral Risk and Need (ACORN)Do it well once per year



Expectations

Tooth Decay - Children

Active Decay

• FV applied min of 4x year

Age 8+ Daily fluoride rinse
Age 10+ Rx 2,800 fluoride toothpaste
Age 16+ Rx 2,800 or 5000 ppm fluoride
toothpaste

- Keep pain free, stabilise and review
- Address risk factors e.g.
 sugary drinks in bottles; 'fizzy pop'

Low Risk No Decel

- Reinforce keeping sugar hits to mealtimes
- All children aged 3 and over to have fluoride varnish applied 2x year in the practice - DCP can apply



- FV applied minimum of twice per year in practice for all including under 3s giving concern
- Address modifiable risk factors e.g. use of sports drinks
 - And review





Toothbrushing advice for all

- Brush their teeth for them until age 7 last thing at night and one other time daily using family fluoride toothpaste containing 1,350 1,500ppm fluoride
- Under 3 yrs. a smear of toothpaste;
 3+ pea-sized amount
- Spit don't rinse after brushing
- Reinforce keeping sugar hits to mealtimes
- Nothing sugary to eat or drink in the hour before bed
- Keep the child happy



Radiographic Assessment for all

Indications for bitewings:

Children age 4+ if cooperative

FGDP radiography guidelines on frequency of bitewings:

High risk: 6-12 months

All children:

12-18 months (primary teeth)
24 months (permanent teeth)

Contraindications:

Lack of compliance, spaced dentition



